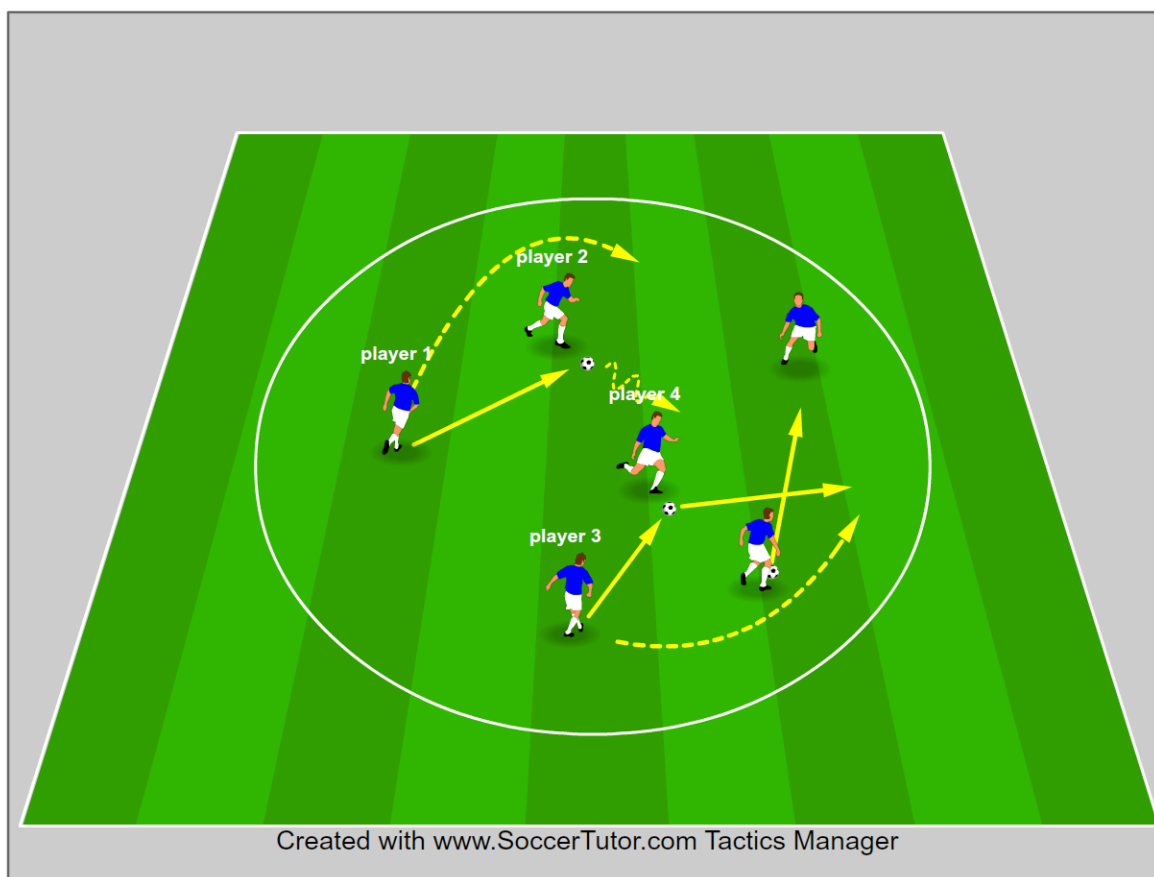


Passing and Moving (Combination Play)



Date:	26/Mar/2014	Measurement:	30 x 30 Yards
Time:	N/A:N/A	Players:	0
Duration:	20	Level/Age Group:	U8 - U18

Description: Each player has a partner and starts passing and moving with their partner in the circle. On the coaches command they will perform either an overlap or a give and go. On the overlap Player 1 plays the ball to Player 2 then proceeds to run around the player on the overlap. At the same time Player 2 receives the ball and makes a penetrating dribble. On the give and go Player 3 attacks another player on a penetrating dribble and then plays the ball to Player 4 who shows at an angle. Player 3 runs around the defender and receives the ball back.

Objective:

- Increase player mobility off the ball.
- Increase the players ability to work together and combine.

Coaching Points:

- Attack the defender at pace.
- Make the defender commit.
- Explosive movement after the pass.
- Show at an angle to receive the ball

Progression: