



2024-2025 COACHING SLATE





2016 PENINSULA
WIZARDS
AVERY SAADA

2015 PENINSULA
WIZARDS BLACK
JAMES LEE

2016 WILLIAMSBURG
WIZARDS
GAVIN ARSENAULT

2015 WILLIAMSBURG
WIZARDS GREEN
KENDAL PRESSEY

2015 PENINSULA
WIZARDS GREEN
STEVE SHAW

2015 WILLIAMSBURG
WIZARDS BLACK
CHUCKIE TENBUSCH








2014 PENINSULA WIZARDS
JAY FOX

2012 WIZARDS
RYAN TROY

2014 WILLIAMSBURG
WIZARDS

2011 WIZARDS
DALLAS ROARK

2013 WIZARDS
DOUG DAHNKE

HS WIZARDS GREEN
MATT MORALES

HS WIZARDS BLACK
ETHAN LARSON








2014 PENINSULA WIZARDS
JAY FOX

2012 WIZARDS
RYAN TROY

2014 WILLIAMSBURG
WIZARDS

2011 WIZARDS
DALLAS ROARK

2013 WIZARDS
DOUG DAHNKE

HS WIZARDS GREEN
MATT MORALES

HS WIZARDS BLACK
ETHAN LARSON








2010 ELITE
JOHNNY YU

2008 ELITE
PHIL GEYER

2009 ELITE
PHIL GEYER

07/06 ELITE
BRYCE FAIL







The Virginia Legacy Soccer Club is pleased to announce the 2024-2025 Coaching Slate and assignments. Below you will find the current bio page for all confirmed VLSC coaches. We are excited to boast one of the top coaching staffs on the Peninsula. The Legacy coaching staff is composed of USSF/USC Licensed coaches who have experience playing and coaching at the High School, College, and Professional levels. The United States Soccer Federation (USFF) and the United Soccer Coaches (USC) have extensive coaching education programs that we support with our staff as we all are continuously striving to improve. The Legacy has 10 Coaches and Staff who have received National Licenses from either the USSF or United Soccer Coaches (A, B, C or Premier and National Youth license) as well as 5 Coaches and Staff with collegiate coaching experience! 15 of our coaches are former college/pro players and 9 currently coach in a local high school program. Each coach has a unique background but all with the same goal in mind - to make you the best soccer player you can be and make your soccer experience the best around.

Virginia Legacy Boys Coaching Slate 2024-2025:

Technical Director: Bobby O'Brien (Obrien@valegacysoccer.com)

Director of Coaching: Alex Spirn (aspirn@valegacysoccer.com)

Asst. Director (U9-U12): Kendal Pressey (kendal@valegacysoccer.com)

Asst. Director (U15-U19): Phil Geyer (geyer@valegacysoccer.com)

Birth Year	Team	Coach	Coach's Bio
2016	Williamsburg Wizards	Gavin Arsenault	USFF D License, Former Legacy Youth and College player at Penn State Harrisburg, Current Asst. Coach/JV Head Coach Lafayette HS
2016	Peninsula Wizards	Avery Saada	USFF C License, Former Club Director, Multiple years of coaching experience with Legacy
2015	Williamsburg Wizards Green	Kendal Pressey	Youth Director at Virginia Legacy, USSF D License, National Youth License, Former College Player at Chowan. Former Legacy Youth
2015	Williamsburg Wizards Black	Chucky Tenbusch	Bruton Boys Varsity Asst Coach / Head JV, 2x 1 st team all-conference GNAC (Johnson and Wales), 1 st team all-rookie GNAC (Mount Ida), 2x NCAA D3 National Championship appearances, USSF Grassroots License
2015	Peninsula Wizards Green	Steve Shaw	Steve has been Inducted into CNU Hall of Fame. One of the top 20 winningest D3 coaches of all time. 8-time Conference Coach of the year and reached 4 NCAA Elite 8's. 8 Conference Championships in his 23 years. Took CNU to the #1 Ranked team in the country in 2009.
2015	Peninsula Wizards Black	James Lee	USFF D License, CNU Men's Soccer Conference Champion, NCAA D3 Elite 8 Appearance, Former player at Lionsbridge, Current player at Grove Soccer United USL 2

2014	Elite Green	Jeff Dominguez	Jeff is a former College Player at William and Mary. A former German Professional Player with BV Cloppenburg. Former club director.
2014	Elite Black	Kendal Pressey	Youth Director at Virginia Legacy, USSF D License, National Youth License, Former College Player at Chowan. Former Legacy Youth
2014	Williamsburg Wizards	Gavin Arsenault	USSF D License, Former Legacy Youth and College player at Penn State Harrisburg, Current Asst. Coach/JV Head Coach Lafayette HS
2014	Peninsula Wizards Black	Jay Fox	USSF Grassroots License, Former College Player at Virginia Wesleyan, Pro NASSC Sand Soccer Player, Former State Cup Champion and Legacy Youth
2013	Elite Green	Alex Spirn	USSF B License Candidate, USSF C License, National Youth License, Legacy Director of Coaching, Current VYSA State & Central District ODP Coach, Former Men's Asst. at Longwood University, Former Legacy Youth
2013	Elite Black	Avery Saada	USSF C License, Former Club Director, Multiple years of coaching experience with Legacy
2013	Wizards	Doug Dahnke	Former college player at the College of Wooster, holds USC licenses and has spent multiple years coaching for Legacy
2012	Elite	Alex Spirn	USSF B License Candidate, USSF C License, National Youth License, Legacy Director of Coaching, Current VYSA State & Central District ODP Coach, Former Men's Asst. at Longwood University, Former Legacy Youth
2012	Wizards	Ryan Troy	USSF D License, 15+ years club coaching experience, Lafayette Girls Varsity Asst Coach
2011	Elite	Kendal Pressey / Dom Stumpo	Kendal -Asst. Youth Director at Virginia Legacy, USSF D License, National Youth License, Former College Player at Chowan. Former Legacy Youth Dom - USSF Grassroots License, College Player at CNU, Former Legacy Youth
2011	Wizards	Dallas Roark	USSF Grassroots License, Former club youth player, all district at Nottoway

2010	Elite	Johnny Yu	USSF A License, National Youth License, Current HS Coach (Grafton), Former College Assistant Coach (ODU), 20+ years coaching youth soccer
2009	Elite	Phil Geyer	USSF D License, National Youth License, Former State Champion (Jamestown HS), Current HS Coach (Jamestown), Former Collegiate Player (Roanoke College), Former Legacy Youth
2008	Elite	Phil Geyer	USSF D License, National Youth License, Former State Champion (Jamestown HS), Current HS Coach (Jamestown), Former Collegiate Player (Roanoke College), Former Legacy Youth
2007/06	Elite	Bryce Fail	USSF D License, Head Coach Menchville High School, Former Legacy Youth
High School (2010-2006)	Wizards Green	Matt Morales	USSF D License, Current Asst Coach for Tabb HS varsity, Former Legacy Youth
High School (2010-2006)	Wizards Black	Ethan Larson	USSF Grassroots License, 4 Year College Player for CNU (Multiple Positions), Former Legacy Youth

Virginia Legacy ADP Directors/Head Staff 2024-2025:

Technical Director: Bobby O'Brien (Obrien@valegacysoccer.com)

ADP Director: Jonny Kamara (jk@valegacysoccer.com)

ADP Asst. Director Kendal Pressey (kendal@valegacysoccer.com)

ADP Asst. Director: Denis Balanta

Coach	Coach's Bio
Jonny Kamara	Legacy ADP Director, National Youth License, Former Pro Player with Richmond Kickers and College Player - William and Mary. Former Asst. College Coach at William and Mary
Denis Balanta	ADP Assistant Director, USSF D License, Former High School Coach, Multiple Years of Coaching Experience, Played Collegiately in Colombia.
Kendal Pressey	Youth Director at Virginia Legacy, USSF National Youth License, Former College Player at Chowan, Former Virginia Legacy Youth