



COACHING SLATE



Fall 2019/Spring 2020 Coaches Slate

		Wburg Wizards	Peninsula Wizards	Titans
U10 (2010)	-----	Jonny Kamara	Phil Geyer	Kendal Pressey

BOYS	CCL	Wburg Wizards	Peninsula Wizards	Titans
U11 (2009)	Scott Hines	Jonny Kamara	Ryan Flesch	Alex Spirn
U12 (2008)	Phil Geyer	Matt Kraft	Bryce Fail	Alex Spirn
U13 (2007)	Jake Carel	Brendan Cook	Ryan Flesch	-----
U14 (2006)	Steve Shaw	Brendan Cook	Ryan Flesch	

BOYS	CCL	Wizards Green	Wizards Black
U15 (2005)	Steve Shaw	Brandon Boetger	Brandon Boetger
U16 (2004)	Bobby O'Brien	Luke Taylor	Bryce Fail
U17 (2003)	Johnny Yu	Phil Brown	Phil Brown
U18 (2002)	Paul Membrino	Bobby Hodges	-----
U19 (2001)	Thom Heath	Denis Balanta	-----

GIRLS	CCL
U10 (2010)	Taylor Green/ Sarah Segan
U11 (2009)	Allie Segura
U12 (2008)	Jake Carel
U13 (2007)	Mary Morgan
U14 (2006)	Allie Segura
U15 (2005)	Mary Morgan
U16 (2004)	Frank Hughes
U17 (2003)	Sarah O'Reilly
U18/19	Brent Trainum
(02/01)	Jeff Imgrund -Asst



** TBA** indicates that a coach will be announced at a later date, once 100% confirmed. We anticipate having teams in all areas represented by TBD and will update the coaches slate accordingly through the tryout process

* U10 Girls do not participate in the CCL. The CCL is U11-19

We here at the Virginia Legacy Soccer Club are pleased to announce the 2019-2020 Coaching Slate. Below you will find the current bio page for all confirmed VLSC coaches. As we continue to confirm our staff we will continuously update the slate to keep you up to date on all the returning and new coaches to the club.

We are excited to boast one of the top coaching staffs in the region and are dedicated to bringing the best, motivated staff to all of our Legacy teams! The Legacy coaching staff is comprised of USSF/USC Licensed coaches who have experience playing and coaching at the High School, College and Professional levels. The United States Soccer Federation (USFF) and the United Soccer Coaches (USC) have extensive coaching education programs that we support with our staff as we all are continuously striving to improve. The Legacy has 13 Coaches and Staff who have received National Licenses from either the USSF (A,B,C level) or the USSF National Youth license. Each coach has a unique background but all with the same goal in mind - to make you the best soccer player you can be and make your soccer experience the best around. We aim to develop good players and good people on and off the field.

Jason Banwart - USSF 'F' License

Brandon Boetger – USSF 'E' License, Working towards 'D', Former Club Staff and Coach at SVU (Harrisonburg)

Denis Bolanta- USSF License, Head Coach Warhill High School

Phil Brown - USSF 'C' License, Former Player at Milligan College

Jake Carel - USSF 'C' License, VYSA ODP Coach

Brendan Cook – USSF 'C' License – Legacy Asst. Director of Coaching, Former College Player at CNU

Bryce Fail - USSF 'E' License, working to obtain D. Former Legacy player, Coach at Menchville HS

Ryan Flesch – USSF 'D' License – working towards 'C' - former 4 yr starter with College of William and Mary. Former youth state champion and regional ODP player

Phil Geyer- USSF National Youth License, Former State Champion (Jamestown HS), Former Collegiate Player (Roanoke College) – Asst Coach – Jamestown Boys Varsity

Steve Grech- USSF 'E' License, Former Semi-Pro player throughout various leagues in NY.

Taylor Green – USSF Grassroots License , Former Club Player with Va Legacy

Thom Heath- Former Club Director, College Soccer Player, Professional Player – USSF 'A' License, USSF National Youth License, Former VYSA Coaching Education Staff

Steve Hermann - USSF 'F' License , Former College Player for Christopher Newport University (CNU)

Scott Hines - USSF 'B' License, 20 Years Coaching Experience, Former College Player at Western Michigan University

Bobby Hodges – USSF Grassroots License – Asst Varsity / Head JV Coach – Grafton HS

Frank Hughes - 30 yrs coaching experience, Smithfield Girls Head Coach, Former Head Division 1 College Head Coach. USSF 'D' License

Jeff Imgrund- USSF 'F' License –Former College Player Averett University, Poquoson HS Coach

Jonny Kamara - Former Pro Player, Former College Player W&M, USSF National Youth License, Asst Coach W&M Men, U10-U12 Academy Development Director

Matt Kraft - USSF 'F' License , HS Coaching Experience (Smithfield)

Paul Membrino – USSF 'A' License, USSF National Youth License, Legacy Director of Coaching, Va Youth Soccer ODP Coach, Former College Player

Mary Morgan – USSF 'C' License, US Womens Youth National Team Performance Analyst, Former College and High School Coach of the Year. Former Player at UVA

Travis Mulford – USSF 'D' License, former college player UNC Pembroke and Legacy 76

Bobby O'Brien - USSF 'A' License, Former College Player Virginia Tech, Legacy Technical Director, Va Youth Soccer ODP Coach, Head Coach Jamestown HS

Sarah O'Reilly - USSF 'E' License, Former club coach for Va Rush and Vienna Soccer

Jim Risher – USSF 'B' License, NSCAA National Youth, Coaching Experience at High School, College & ODP

Sarah Segan - 3 Time Collegiate All Conference – William & Mary Women , WPSL Player

Allie Segura – USSF Grassroots License, Former College Player VMI ,Former College Coach

Steve Shaw – Former Head Coach CNU Mens Soccer, USSF 'B' License

Alex Spirn – Legacy Youth Director, USSF 'D' License, National Youth License

Brent Trainum – USSF 'E' License, Former College Player CNU, 10+ Years CCL Coaching Experience

Luke Taylor - USSF 'E' License, Former College Player at Bridgewater College, Head Coach at Bruton HS

Johnny Yu - USSF 'A' License, USSF National Youth License, Former ODP Head Coach

